LAHP/AHRC Collaborative PhD Studentship available

Musicians’ health and wellbeing: A study of health literacy and promotion in higher music education

Lead supervisor: Professor Aaron Williamon, Royal College of Music aaron.williamon@rcm.ac.uk

Partner: British Association of Performing Arts Medicine

Applications are invited for a LAHP/AHRC-funded Collaborative Doctoral Award at the Royal College of Music and the British Association of Performing Arts Medicine. This fully-funded studentship will commence in October 2019.

Project overview:
Making music at the highest international levels can be immensely rewarding, but it is also challenging, with recent research highlighting numerous, pernicious ways in which practising and performing can affect musicians’ physical and mental health. A growing body of evidence now points to a need for more (and more effective) health education and promotion initiatives within music educational and professional settings.

This CDA project emerges from the £1 million AHRC-funded Musical Impact project (2013-18). It will be facilitated by Healthy Conservatoires, a legacy network of Musical Impact, chaired by Professor Aaron Williamon. With current international membership of over 120 artists and educators, Healthy Conservatoires meets biannually to bring together stakeholders from the UK’s performing arts sectors to assist in supporting health promotion and occupational wellbeing among performers.

In collaboration with the British Association for Performing Arts Medicine (BAPAM), the project will evaluate sector-wide resources and best practice in health literacy, education and promotion within higher music education. It will consist of three strands:

1. Mapping health and wellbeing assets and resources for musicians in UK higher education;
2. Creating case studies of good practice in health literacy, education and promotion within UK higher education, informed by international best practice;
3. Assessing parallels and differences between music and other performing arts in terms of health literacy, education and promotion, assessing the potential for positive, interdisciplinary exchange in supporting
Studentship details:

The AHRC-funded London Arts and Humanities Partnership (LAHP) brings together eight leading British research universities: King’s College London, London School of Economics and Political Science, Queen Mary University London, Royal Central School of Speech and Drama, Royal College of Art, Royal College of Music, School of Advanced Study and University College London.

The studentship includes a stipend at Research Council UK 2019/20 rates of £17,009 per annum (plus fees at home/EU rates) for three and half years. The awarded candidate will also be entitled to a £550 per annum stipend top-up. As a LAHP student, the successful candidate will have full access to the LAHP Doctoral Training Partnership development activities and networking opportunities, joining a cohort of about 90 students per year. Studentships can be either full or part-time.

Applicants should have a good undergraduate degree in a relevant discipline, and a Masters-level qualification or equivalent which meets AHRC requirements for research training. Applicants with relevant work/professional experience who are considering doing a PhD are also encouraged to apply.

Closing Date: 23 April 2019

For more information and to apply for the studentship, please see the LAHP website.